



## Finding Hope to Cope

Our group is open to anyone who has a loved one who is affected by drug or alcohol addiction in Garrett or Allegany County.

We provide a nonjudgmental place to share experiences and offer support and understanding. Together we can put a loved one's addiction into perspective and set healthy boundaries.

All information is confidential.

<p><b>Finding Hope to Cope @ Oakland</b></p> <p><b>When: Second Thursday of every month</b></p> <p><b>Where: 104 East Center St. Oakland, MD 21550</b></p> <p><b>Cost: Free</b></p>	<p><b>Finding Hope to Cope @ Friendsville</b></p> <p><b>When: Third Thursday of every month</b></p> <p><b>Where: 947 Community Dr Friendsville, MD 21531</b></p> <p><b>Cost: Free</b></p>	<p><b>Finding Hope to Cope @ Oakland</b></p> <p><b>When: Fourth Thursday of every month</b></p> <p><b>Where: 104 East Center St. Oakland, MD 21550</b></p> <p><b>Cost: Free</b></p>
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**For more information, contact**  
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443-741-8329

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Maryland Coalition of Families

410-730-8267 | [www.mdcoalition.org](http://www.mdcoalition.org)